

# CERTIFICATE OF PARTICIPATION

This is to certify that

**Abram  
Phahlamohlaka**

Has successfully participated & completed the

**10km Fresh @ Groenkloof**

held at Groenkloof Nature Reserve .

**TIME 01:07:30**

**PACE 06:45/km**

**OVERALL 31 of 66**

**GENDER 20 of 36**

**40 - 49 7 of 14**

13 March 2022, Sun

Date



*BoutTime*

Signature

